

SANDRA ROQUE



646-246-8853 | sw.artists@yahoo.com

5' 7" - Brown hair - Blue eyes

Greencard | Passport

www.sandra-roque.com

www.imdb.me/sandra-roque

<https://resumes.actorsaccess.com/SandraRoque>

Co-founder/director of Companhia de Actores (awarded theatre company), Portugal, 2003-2014

THEATRE

He and She	She (Alexandra)	(mother of dead child)	NY SummerFest Theatre Festival - NY
Guns	Maude	(pill addict)	HB Playwrights Found. Theatre - NY
Fool for love	May		Bar do Chapitô
Cheating in chains	Lúgia	(socialite)	Teatrosfera
PimPamPum (solo, for babies)	Amelita	(doll)	Teatro Municipal Amélia Rey Colaço
A Dama do Intendente	Dama do Intendente	(prostitute)	Teatro Municipal Amélia Rey Colaço
Mão na luva	Sílvia	(artist, middle class)	National tour
Draw	Lúcia	(artist of status)	Casa do Artista
Cenas suburbanas II	Madame Luba	(Lithuanian Madam)	Centro Cultural de Belém
(Weave of 4 Nelson Rodrigues' plays)	Selminha	(house-wife)	
	Nurse	(abortion, crass)	
	Widow	(grieving)	
Forgive me for cuckolding me	Judite	(housewife)	Open Space Studio
Lenha na fogueira - IMPROV	M ^a Adelaide Paixão	(w/ speech impediment)	Associação de Moradores 18 de Maio
Espírito poesia I, II & III (poetry)	(6 different characters)	(crazy poet, runaway bride...+)	Parque dos Poetas
O futuro é agora (for children)	Adriana	(teenager circus assistant)	Teatro Municipal Amélia Rey Colaço
	Chefe	(head of the band, elder male)	
	Militão	(clown)	
	Ocram Avlis	(Ukrainian magician)	
	Lino	(lion)	
	Lola Circo	(circus CEO)	
	Sandrine	(contortionist)	
Em cima das árvores	Marta II & Police officer	(prostitute)	Teatro Municipal Amélia Rey Colaço
A dog's will	Devil		Teatro Municipal Amélia Rey Colaço
Nosso Sr. da Purificação	Sandra	(storyteller, dancer)	Fundação de Oeiras
Cenas suburbanas I	Joyce	(housemaid)	Open Space Studio
Sacavém	House-wife		Teatro Municipal São Luís
Viver é raso	K	(nurse, deranged)	Teatro Municipal Ruy de Carvalho
78rpm / Dorotéia (Expressionism)	Dona Flávia	(deformed, devout, spinster)	Open Space Studio

FILM, TELEVISION, COMMERCIALS, VOICE OVER, MUSIC VIDEOS, HOSTING

TRAINING:

"Professional Fine Arts Training in Theatre"	HB Studio (Hagen technique)	2007-2009, NYC
On-camera audition for professional actors	Matt Newton Acting Studio	2017-2018, NYC
1100+ hours of intensive workshops	(Europe/Brazil/USA teachers)	Since 2000, Portugal
120+ hours of Casting Director intensives	Actors Connection	Since 2016, NYC

Technique & Scene study - Character development - Method & EMDR - Script analysis - Visual theatre
Improv - Stage combat - Movement for actors - Acting for the camera - Voice & Speech - Major stage dialects

SPECIAL SKILLS

Languages: bilingual - **Portuguese** (native) & **English**. Fluent **Spanish** & **Italian**. Basic **French** (can act from script)

Accents of English: Portuguese & Brazilian (any time); Spanish, Italian, French & Russian (with little preparation)

Athletic skills: Former professional dancer & martial arts student (basic: aikido, karate, boxing); stage combat (unarmed, some basic armed training); swimming; horseback riding (walk & trot); tandem parachuting

Other: CPR; Stick-shift driving; Sewing & manual crafts; Baby/child-care; Clinical Psychology; Teaching artist; Some writing/directing experience

Quirks: Ugly faces; Some animal noises; Hysterical screaming; Arms touch wrist to elbow, while stretched ;-)

Full listing and/or details upon request