

# SANDRA ROQUE

5' 7" - Brown hair - Blue eyes  
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**Greencard** | Passport  
[www.imdb.me/sandra-roque](http://www.imdb.me/sandra-roque)

## **COMMERCIALS** (Portugal)

McDonalds (soup)	supporting (speaking)	Gideon Nel
Knorr (broth, soup, pasta) - <b>5 films</b>	lead (speaking)	Ricardo Albiñana
Singer (appliances)	lead (speaking)	
Robbialac (paint, primers, thinners)	lead	Norberto Nunes
Intermarché (supermarket chain) - <b>3 films</b>	lead (speaking)	João Neves
Óleo mimo (cooking oil) - <b>2 films</b>	lead (speaking)	
Carvalhelhos (bottled water)	lead (speaking)	Norberto Nunes
Sagres (beer)	lead (solo)	
Sucol (juice)	supporting	

## **VOICE OVER**

<b>Peter Pan</b> (animation series)	Wendy, Michael, Jane, etc. (regular)	SIC, Graficine
<i>Queridos Inimigos</i> (game-show)	announcer (regular)	TVI, Videomedia

## **HOST**

<i>Assalto à televisão</i> (game-show - pilot)	host	RTP, 625 Audiovisuais
<i>Super Sábado</i> (live talk-show)	host	SIC, Edilberto Lima Produções
<i>Queridos Inimigos</i> (game-show)	assistant-host	TVI, Videomedia
<i>Semana Académica de Lisboa</i> (variety show)	host	Live, on stage

## **PRINT**

Cal (clothing brand) & a Paintball facility	Model, spread	Gerardo Santos
Algarve Spa week (hotels & spa)	Model, spread	Miguel R. Fernandes
Euro-urbe (exhibit)	Model, hands	
Golfinho (media productions)	Model	Alexandre Serra
Image bank (Stock Image)	Model	Alexandre Serra

## **TELEVISION** (partial - Portugal)

**14 shows.** Series regular in a soap (150 episodes), a series (3+39 episodes) and a game-show; Recurring in 2 series (26 & 3+3 episodes); Guest star in 2 series; several co-star roles.

## **FILM**

3 feature-films (2 in NYC, 1 in Spain); **17 shorts** (NYC & Portugal), playing 10 leads.

NYC highlights: work with director Laura Belsey, (Shadow Pictures + TV dir.) and Sean Parshad (Bold Applause Product.)

## **MUSIC VIDEOS (7) & THEATRE** (24 productions, 2 of which in NYC)

## **TRAINING**

"Fine Arts Professional Training in Theatre"	HB Studio (Hagen technique)	2007-2009, NYC
On-camera audition for professional actors	Matt Newton Acting Studio	Since 2017, NYC
1100+ hours of workshops	(Europe/Brazil/USA teachers)	Since 2000, Portugal
100+ hours of Casting Director intensives	Actors Connection	Since 2016, NYC

Including: Improv - Character development - Stage combat - Voice & Speech - Visual Theatre

## **SPECIAL SKILLS**

**Spoken languages:** fluent in **Portuguese** & **English**. Very good **Spanish** & **Italian**. Some **French** (can act from text)

**Accents:** Portuguese & Brazilian (any time); Spanish, Italian, French & British (with a day or two to prepare)

**Athletic skills:** Former professional dancer; stage combat (unarmed, some knife & quarterstaff); martial arts (basic: aikido, karate, boxing); swimming; horseback riding (walk & trot); tandem parachuting

**Other:** CPR; Stick-shift driving; Sewing & other manual crafts; Baby/child-care; Clinical Psychology degree

**Quirks:** Ugly faces; A few animal noises; Hysterical screaming; Arms touch wrist to elbow, while stretched ;-)